

## **Curriculum Vitae**

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### **Education:**

**2008-current** Michigan School of Traditional Midwifery – Diploma pending

**2005-2008 Certificate of Holistic Midwifery**, The School of the Matrona

I have been studying intimately with Whapio Diane Bartlett, Traditional Midwife, since 2004. My studies have included in class education, as well as, distant learning. Whapio has been a very close mentor for me on this path of Midwifery and I am still learning and refining my knowledge.

**2006 Advanced Holistic Doula Training**, Gloria Lemay - BC

**2004 Advanced Holistic Doula Studies**, The Matrona, Whapio - North Carolina

**2003 Reiki Level I and II**, Wpg MB, Dorothy Becker

**2003 Fearless Birthing Training**, Kim Wildner

**2002 Dona Doula Training-** Wpg, MB

**2002 Allace Childbirth Training** - Correspondance

**1999-2000 Diploma of Natural Nutrition**, Packard College, Correspondance

**1997-1999 Sport Psychology**, University of Calgary, Graduate School department of Kinesiology (Thesis still pending due to pregnancy course work completed)

**1994-1997 BA in Physical Activities and Sport Studies**, Major in Sport Psychology, University of Winnipeg,

**1994** Graduated from River East Collegiate, High School, Wpg, MB

### **Other Education**

**2008** Certificate in Integrated Birthing and Holistic Midwifery 60 hr workshop, The Matrona

**2007** Co facilitated “Broken Pieces, Reclaiming the Feminine” seminar with Dana Leggett, Kat Funk and Whapio Diane Bartlett.

**2007** Co facilitated “A council of women” healing workshop with Whapio

**2006** Certificate in Safe Passages, A workshop about counseling women who have been abused.

**2006** Organized and attended “Sexual Wisdom” workshop presented by Whapio

**2006** Organized and attended “Family Homeopathy” workshop presented by Whapio

**2005** Birthing Humanity Seminar with Michel Odent, Vancouver Canada

**2003** Free Birth and Prenatal Yoga Workshop with Gloria Lemay and Jeanine Parvati Baker

**2002** Breastfeeding seminar with Dr. Jack Newman.

### **Published Articles**

**2002-2009-** Co-Created Holistic Birthing Class & online course - w/ Sherry Rothwell

**2009-**[http://ezinearticles.com/?expert=Jennifer\\_Summerfeldt](http://ezinearticles.com/?expert=Jennifer_Summerfeldt)

**2006-** Midwifery Today, Number 78 Summer 2006 issue, regarding education options

### **Past Employment - Sport Related & Health related**

**2003 – present** I work as a holistic doula, as a childbirth educator, as a facilitator & mediator, and as a birth consultant.

**2002-2003** co owned earthmother accessories a one-stop shop for pregnancy birth and beyond.

**2001-** I owned Whole Health Consulting, where I practiced my health and nutrition consulting.

**2000-2001** - I co-created Twisted Basil, an Organic Meals on Wheels business

**1997-1999** Volunteered at the Canadian Sports Center Calgary with junior national athletes providing sport psychology related counsel (during my graduate studies). During this time, I also, worked as a T.A. with my advisor Cal Botterill.

**Prior to 1997** I was an elite fastball player both provincially and at an university level. I also helped coach the MB provincial fastball team (providing sport psych) in preparation for the Canada games.

### **Midwifery/Health Experience**

**Spring 2009 –** Casa De Nacimiento, El Paso Texas – One month midwifery internship

**Oct 2006 – March 2007 –** Chiapas, Mexico, Luna Maya birthing Center Midwifery Apprenticeship.